

Spandan
Heartbeat of Residency Club

THE
**RESIDENCY
CLUB**
KOLHAPUR



BI - MONTHLY BULLETIN

JULY - AUGUST 2025 • ISSUE 02

President's Message



Shri. Amol Yedge
Collector - Kolhapur,
President

Dear Members,

Residency Club continues to uphold its tradition of excellence, harmony and hospitality. It is a matter of pride to see how our Club has progressed while preserving its cultural and social values.

With the success of the first edition of Spandan – The Heartbeat of Residency Club, we are delighted to release the second edition. This issue highlights the achievements, creativity and active involvement of our members, showcasing the strength and unity of our community.

I take this opportunity to commend the editorial committee and all contributors for their consistent efforts in making Spandan an engaging and meaningful publication. Initiatives such as this play a key role in promoting interaction and celebrating the collective spirit of Residency Club.

Shri. Amol J. Yedge
(Collector – Kolhapur)
President

Hon. Secretary's Message



Shri. Sheetal Bhonsale
Hon. Gen. Secretary

Dear Members,

After receiving such a warm and encouraging response to the first edition of Spandan - The Heartbeat of Residency Club, it fills me with immense joy to bring to you the second edition of our magazine. Your appreciation, contributions and enthusiasm have truly made this initiative a success and motivated us to keep the spirit alive.

Over the past few months, Residency Club has been a hub of energy and celebration. From lively social gatherings to fitness Competitions, festive celebrations and cultural evenings, each event has reflected the warmth and unity of our members. The highlights of this edition include special coverage of our Sports Mania - where members showcased outstanding talent and sportsmanship - and the spirited Independence Day Eve celebrations on 14th August, which saw enthusiastic participation across all age groups.

Through Spandan, we continue to celebrate these moments that define our community - filled with enthusiasm, togetherness and pride in being part of the Residency Club family.

We sincerely thank all members who have been part of this journey by contributing stories, photos and memories. As we move forward, we warmly welcome your suggestions, ideas and participation to make Spandan even more engaging and meaningful. Together, let's keep this heartbeat strong and growing.

Warm regards,

Shri. Sheetal Bhonsale
Hon. Gen. Secretary

Editor's Message



Shri. Shrinivas Malu
Bulletin Editor

Dear Members,

Warm Greetings of the month,

We are pleased to place our 2nd edition of E-News Bulletin. Release of our ever 1st E-News Bulletin happen at the auspicious hands of our beloved President & District Collector on 18th September 2025. We got over whelming responses and replies from the Readers. It truly keeps us motivated to put in our best efforts further and make bulletin more interesting, worth reading & informative.

As usual, we have 3 Articles, 2 from Members and 1 from Spouse on various subjects of mutual interest. Surely those are worth reading too. By this time we are able to add 2 new affiliations in our list. Members are appealed to take benefits of affiliated Clubs while they themselves or family are on move, may be on business commitments or on pleasure trip. We appreciate if you share your experiences to us, we may add it in to Bulletin for the benefit of other members.

I would like to thank and appreciate efforts & time taken out by our esteemed Members, Mr. Sidas Khanagav, Mr. Atul Pawar & Ms. Sanjana Pandit, who wrote Articles for the Bulletin. They truly made Bulletin read worthy and informative.

This time, we thought of adding 2 Mock tail recipes from our Bartender in addition to 2 recipes from Club Chef. You may try these recipes at home. We also added "Readers Review" page. Surely, your words of appreciation & encouragement mean lot to our team -E-News Bulletin.

Through E-News bulletin we will be able to reach out to each Club member & families and updates them about happenings in various avenues within the club. We expect our members to please join & participate in Club events, enjoy company of Club members and help us to make event more purposeful and colourful.

Please make this News Bulletin available to KIDS at home. Ask them to participate, solve Puzzles, Cross Words etc and receive appreciations Certificates from Club.

An Appeal: Articles on various subject of member's interest are invited from our own Club members & Spouses. KIDS are invited to send Puzzles, Sudoku, Jokes, Cross Words etc. For more details please get in touch with Miss. Rutuja Bhosale, Email-residencyclub1898@gmail.com. [They too can send it on Club WhatsApp Number-7030347755.](https://www.whatsapp.com/channel/002997030347755)

We expect members to take out their valuable time and share their views/opinions, recommendations & suggestions, so that we keep on improving our own E- News Bulletin.

Before i pen down, i profusely thank Club office staff Miss. Rutuja & Mr. Vijay for taking time out to make relevant information available in time.

Shri. Shrinivas Malu

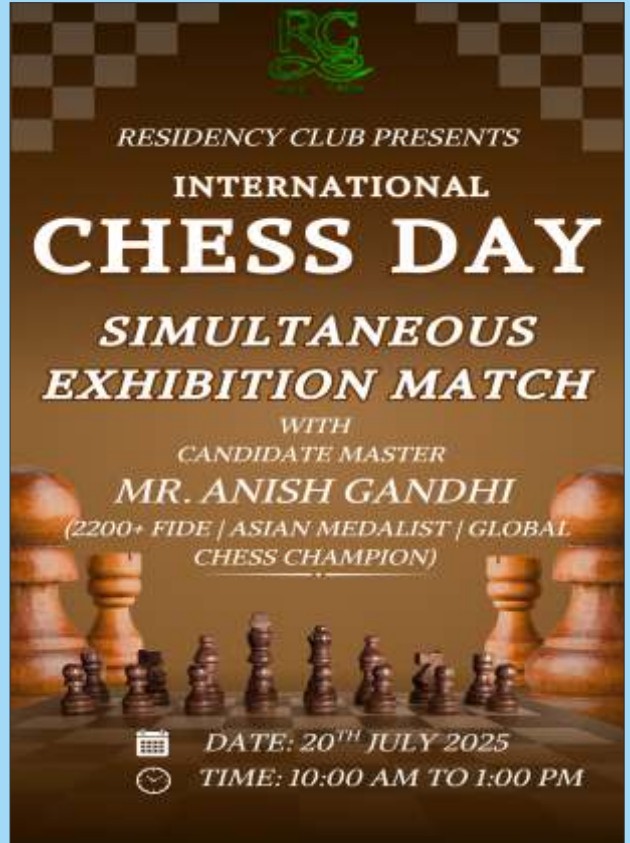
Bulletin Editor

On behalf of Club E-Bulletin Committee

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International Chess Day



The Residency Club proudly celebrated International Chess Day with a special event featuring Chess Master Anish Gandhi. Members and participants of all ages gathered to witness and experience the excitement of a Simultaneous Exhibition Match. The event provided a unique opportunity for beginners and seasoned players to test their skills against an expert. It was inspiring to see enthusiastic participation, lively interactions and the true spirit of the game. Anish Gandhi shared valuable insights into chess strategy, making the session both educational and enjoyable. The day highlighted the club's commitment to promoting mind sports and engaging activities for members.




Updates

Club Activities and Events


“Know Your Heart”



Residency Club presents



HEALTH, HAPPINESS & LONGEVITY



Dr. Chandrashekhar V. Patil
(Cardiologist)

Sunday 3rd August
10:00 AM Onwards
Conference Hall

Know your heart

Join **Dr. Chandrashekhar Patil**,
Leading Cardiologist for an eye-opening
session on heart health.

Program is open to members and members guest only.

Residency Club recently hosted an enlightening health talk, “Know Your Heart,” under the theme Health, Happiness & Longevity. The session was conducted by renowned cardiologist Dr. Chandrashekhar Patil, who shared valuable insights on heart health, preventive care and lifestyle choices for a longer, happier life. Members and their guests attended in large numbers, actively engaging in the discussion and gaining awareness about the importance of early detection and healthy habits. The session proved to be both informative and inspiring, encouraging everyone to prioritize their heart health.



Scuba Diving Workshop at Residency Club



Residency Club recently hosted its first-ever Scuba Diving Workshop in collaboration with Rahat Kharbanda, Divers of Vengoria and SAGE. Members of all ages got a chance to experience the thrill of scuba diving in a safe, confined pool session under the guidance of certified PADI instructors. Participants learned basic scuba skills, used professional diving gear, and enjoyed the excitement of breathing underwater. The workshop was a huge success, filled with fun, adventure and unforgettable memories. Every participant received underwater photos and an e-certificate, making it a truly special experience at the Club.



Residency Club Presents

SCUBA DIVING

By Rahat Kharbanda in collaboration with Divers of Vengoria & Sage

Try Scuba for the first time - no swimming needed!
PADI - certified instructor | All gear provided | 100% Safe

- ✓ Confined pool sessions for a safe & comfortable first dive!
- ✓ Breathe underwater
- ✓ Use professional gear
- ✓ Learn key scuba skills
- ✓ Get underwater photos + e - certificate

Age: 10+ | Time: 2hrs | Small groups (8-10)
Dates: 2nd, 3rd, 8th & 9th August 2025



Updates

Club Activities and Events

Independence Eve



RESIDENCY CLUB PRESENTS
PRE-INDEPENDENCE DAY EVE CELEBRATION

THURSDAY 14TH AUGUST
7:00 PM ONWARDS

LET'S ALL GET TOGETHER & CELEBRATE THE SPIRIT OF FREEDOM BY GIVING OUR BEST PERFORMANCES. ALL PERFORMANCES SHALL BE ACCOMPANIED BY A REPUTED LIVE BAND.

Entry: Member free | Guest Rs. 60/-



Residency Club proudly celebrated Independence Day Eve with great enthusiasm and spirit. Members came together to showcase their talents through music, dance and cultural performances, each filled with the essence of freedom. The evening was made more memorable with the accompaniment of a reputed live band that set the mood for celebration. The event beautifully reflected unity, energy and the pride of being part of our great nation. The celebration was arranged and organized by Uday Suryavanshi Sir, whose efforts ensured its grand success.



Updates

Club Activities and Events

Sports Mania




Residency Club Presents
Sports Mania
8th, 9th & 10th August 2025
Competitions in Various Age Groups for:

- Gym
- Swimming
- Table Tennis
- Squash
- Badminton
- Lawn Tennis
- Functional Studio
- Billiards & Snooker

Winners will represent Residency Club at the Inter-Club Tournament

Sports Mania 2025 was held on 8th, 9th & 10th August at Residency Club with great excitement and energy. Members from all age groups took part in various sports, making the event lively and spirited. For three days, the club was filled with participants giving their best in sports and fitness events. Families and friends joined in large numbers to cheer, clap and encourage the players, creating a wonderful festive atmosphere. The competitions included Badminton, Table Tennis, Lawn Tennis, Squash, Swimming, Gym, Functional Studio events, Billiards and Snooker. Each game saw thrilling performances and a true display of sportsmanship. The celebrations ended with the Prize Distribution Ceremonies on 19th and 20th August, where winners and runners-up were honored for their achievements. It was a proud moment for all participants, as every effort and performance was appreciated. Sports Mania 2025 not only celebrated fitness and talent but also brought the Residency Club family together in joy, enthusiasm and team spirit.

Updates

Club Activities and Events

Housie Nights at Residency Club



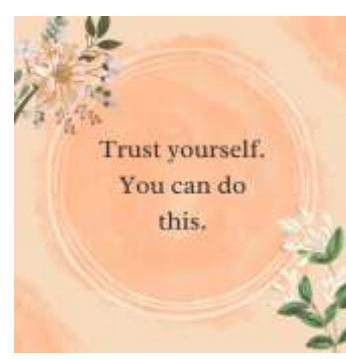

HOUSIE

Date: Tomorrow, 24th August 2025
Time: 7:30 PM Onwards

Make your Tomorrow lucky -
play Housie, win big & enjoy!

Entry: Member Free & Guest Charges Apply

The Residency Club hosted a series of fun-filled Housie Nights that kept our members entertained and engaged throughout 2025. The events were held on 26th July and 24th August, with each evening filled with laughter, excitement and thrilling prize-winning moments. Every session turned into a vibrant celebration, with enthusiastic participation from our members. The lively calls of numbers, the cheerful shouts of “Housie!” and the competitive spirit created an atmosphere that was truly unforgettable. We extend our heartfelt thanks to all our members for their wonderful response and look forward to hosting many more such entertaining and joy-filled evenings in the coming months!



Article

Artificial Intelligence in Everyday Life – A Balanced Perspective

Article By : Mr. Sidas A. Khanagav

IT Networking in Data, Voice, Video, Network Security & IoT

Human intelligence has always been the foundation of progress. Every invention, discovery, and creation around us stems from human curiosity, reasoning, and problem-solving ability. It is this intelligence that gives us the power to imagine, innovate, and make decisions with values and ethics. While machines can calculate, simulate, or even predict, it is human intelligence that ultimately determines purpose and direction.

In recent years, Artificial Intelligence (AI) has become an inseparable part of our lives. From voice assistants and navigation apps to personalized shopping suggestions, AI steadily weaves itself into daily routines. Its real strength lies in handling repetitive tasks, analysing large data sets, and offering insights that improve efficiency. Used wisely, AI can help people save time, make better decisions, and enhance their quality of life.

The positive applications of AI are many. Healthcare benefits from AI-driven diagnostics and treatments. Education uses adaptive learning platforms that cater to individual needs. Businesses gain through automation and predictive analysis, while households enjoy the convenience of smart devices. AI, when harmonized with human intelligence, can empower individuals and communities to achieve more with less effort.

Yet, there are pitfalls. AI risks intruding on privacy, replacing jobs, and fostering dependency. If unchecked, biases in algorithms may reinforce discrimination. Over-reliance on machines could weaken human judgment and critical thinking. Therefore, awareness, regulation, and ethical development of AI are non-negotiable to ensure that people remain at the centre of technology.

At the same time, research initiatives using AI should be encouraged to shorten learning

cycles, uncover deep insights, and accelerate solutions to global challenges. AI should be viewed not as a substitute for human intelligence, but as its partner - extending our capabilities and helping us solve problems once thought impossible.



To navigate this landscape responsibly, we must look at AI through four guiding lenses :

Hindsight : learning from human history and past experiences with technology to understand where AI truly adds value and where caution is essential.

Oversight : evaluating current AI benefits to decide what must be kept (efficiency, accuracy, accessibility), what must be ignored (unverified data, biased outputs, over-dependence), and what must be regulated (privacy, ethical boundaries).

Foresight : anticipating future impacts from what we keep - such as AI-enabled education, healthcare, and environmental management - while preparing safeguards against risks.

Insight : recognizing the lessons AI is teaching us today: that human-machine collaboration is powerful, that speed of learning can multiply, and that decision-making can become sharper when data and human wisdom converge.

Ultimately, integrating AI into daily life must be done with balance. While it enhances efficiency and comfort, mental well-being and human values should never be compromised. Technology should serve humanity, not overshadow it.

Article

Artificial Intelligence in Everyday Life - A Balanced Perspective

By embracing AI with hindsight, oversight, foresight, and insight, we can ensure it becomes a tool of empowerment - enriching lives while preserving the essence of what makes us human.

Key Takeaways :

- Human intelligence is the driver; AI is the tool.
- AI improves efficiency, accuracy, and quality of life.
- Risks include privacy loss, bias, and over-dependence.
- Use hindsight, oversight, foresight, and insight to guide AI adoption.
- Balance progress with mental well-being and human values.
- One small piece of advice to all is to start pronouncing AI as Artificial Intelligence and not just AI, which shall make you feel that it's all artificial built over human intelligence. This shall enable us to realize that we are a social animals who can think, innovate & stay agile & happy.

Artificial Intelligence in Everyday Life

- A Balanced Perspective





Humane Intelligence: The Starting Point

Human intelligence has always been the foundation of progress. Machines calculate, humans create purpose.



The Positives: When AI Serves Us

Fields	AI Impact
☞ Healthcare	Faster diagnosis
☞ Education	Adaptive learning
☞ Business	Automation
☞ Homes	Energy efficiency



The Concerns: Handle with Care

Privacy intrusions through data misuse
Job displacement due to automation
Bias in algorithms — leading to unfair outcomes
Over-dependence weakening human judgment

AI should complement and amplify human intelligence, not replace it

AI should enrich human life, not replace the essence of being human.



The Rise of AI in Daily Life

Artificial Intelligence (AI)- no longer futuristic—it's here in our everyday routines.

- Voice assistants guide us
- Navigation apps optimize our travel
- Personalized shopping suggests our next purchase

AI's strength lies in analyzing data, automating tasks, and improving efficiency, thereby saving time and enhancing the quality of life.



The Four Guiding Lenses

<p>Hindsight</p> <p>AI can shorten learning cycles, provide deep insights, and accelerate solutions</p>	<p>Oversight</p> <p>Calculating future impact from what is retained</p>
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<p>Foresight</p> <p>Recognizing current lessons</p>	<p>Insight</p> <p>Recognize current lessons to make learning faster</p>
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Balance is the Key

AI enhances efficiency and comfort, but human well-being and mental balance must stay central.

Article

The Power of Fitness in Everyday Life

By Mr. Atul Powar

(Founder & Chairman, Ideal Group)

In today's fast - paced world - where responsibilities pull us in multiple directions, from work commitments to family duties - fitness often slips down the list of priorities. Yet, it remains one of the most important pillars of a fulfilling life. Fitness is not just a routine - it's a lifestyle. It forms the foundation that supports our energy, focus, and emotional balance in both personal and professional life.

Fitness Beyond Looks

Fitness is often seen as building muscles for men or staying slim for women, yet its true meaning goes much deeper than looks. Real fitness is about feeling good - physically and mentally. It helps us stay focused, manage stress better, recover from a tiring day, and remain calm even in high-pressure situations. It brings a sense of balance and discipline that positively impacts every area of life.

Making Time for Health

Today, everyone's schedule is busy, but the truth is: we can all carve out time for fitness if we choose to make it a priority. A consistent fitness practice - whether it's daily exercise, walking, yoga, strength training, running, or cycling - offers benefits that go far beyond the physical.

It becomes a personal space for reflection, self-growth, and mental recharging. The key is to start small and stay consistent. Fitness isn't about intensity - it's about intention. Even a short, daily routine can deliver long-term results when practiced with commitment.

The Role of Food in Fitness

Exercise alone isn't enough. What we feed our bodies directly impacts how we feel and function. A wholesome, balanced diet - especially one rooted in traditional, home-cooked food - can do wonders for our energy, immunity, and overall health.

Rather than chasing trends or fad diets, it's important to understand and respect the wisdom of our local food culture. Eating seasonal, fresh, and nutrient-rich meals at the right time and in the right quantity is a simple yet powerful act of self-care.

Fitness for All Ages

Fitness is not limited by age, profession, or lifestyle. Whether you're a student, a corporate professional, a business owner, a homemaker, or a senior citizen - there is always a way to incorporate movement and mindful living into your daily routine.

And it doesn't require a gym membership or complex routines. A 30 - minute daily commitment to any form of physical activity - combined with nutritious food, proper hydration, and quality sleep - can lead to life-changing results.

A Lifestyle, Not a Destination

Ultimately, fitness is not a goal to reach - it is a mindset to live by. It teaches you discipline, patience, and self-respect. Most importantly, it empowers you to face life with confidence, energy, and a positive outlook.

So, no matter where you are in your journey, begin today. The first step matters the most - because when health comes first, everything else falls into place.

Stay active. Stay grounded. Stay aware.



Article

Parenting for the Future : Nurturing Emotional Intelligence in Children

Article By : Ms. Sanjana Pandit

The Changing World We Live In

The world we live in is changing at a pace faster than ever before. It demands much more from our children than it did from us. Evolving study fields, advancing technology, instant access to information and resources, intense competition, and shifting values — all these have made it challenging for the current education system to keep up. When we say education system, it's not just about schools and colleges — even new parents are finding it difficult to adapt. So, the question remains: what can be done?

Redefining Success

Today, success is no longer measured only by marks or IQ. Emotional Intelligence (EQ) has become equally, if not more, important. A child may possess vast knowledge, but if they cannot communicate or express it effectively, they may never reach their full potential. Education is no longer about knowing everything - it's about being ready to learn anything. This involves learning to deal with success and failure, manage stress, handle emotions, build relationships, and develop resilience.

Small Efforts, Big Impact

Parents play a key role in nurturing emotional intelligence. Here are some simple, everyday practices that can make a big difference :

1. Model the Behaviors You Want to See

Children learn by observing. Express emotions respectfully, resolve conflicts peacefully, and show empathy in daily interactions. Ask questions like:

“How did that make you feel?”

“What made you happy today?” Such questions help children recognize and

manage their emotions better.

2. Focus on Solutions, Not Blame

When conflicts arise, avoid blaming individuals.

Instead, focus on solving the issue and helping your child understand different perspectives. This builds problem-solving skills and empathy.

3. Praise Efforts, Not Just Results

We often praise children for achievements - but effort deserves equal appreciation. Positive feedback on persistence and hard work builds resilience and self-worth.

4. Create a Safe Emotional Space

Children need an emotionally safe environment - at home, in school, and later at work. When they feel heard, accepted, and supported, they develop confidence and emotional stability.

5. Spend Quality Time

Quality time strengthens emotional bonds. Consciously plan small activities, meaningful conversations, or shared tasks. These moments contribute deeply to emotional growth.

6. Nurture Empathy and Kindness

The heart of emotional intelligence is understanding how others feel. Empathy can be nurtured through small daily acts of kindness. Remember : Values are not taught - they are caught. Your behavior in everyday situations shows your child what's right and wrong, acceptable and unacceptable. They learn by watching, grasping, and analysing your actions.



Article

Parenting for the Future : Nurturing Emotional Intelligence in Children

The Long-Lasting Impact

All these small efforts together shape a child's emotional intelligence. By helping children understand and manage their emotions, we prepare them to face life's challenges confidently - instead of solving every problem for them. It may not happen overnight, but its effects are long-lasting and life - changing.

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comfort, mental well-being and human values should

We are pleased to inform our members that the Residency Club's Affiliated Club Network now extends across 13 states with 84+ associated clubs. This growing association provides our members the privilege to enjoy club facilities while travelling for business trips or vacations.

Club Affiliation - Additions



Scan Code for
Affiliated Clubs List

We are happy to announce the addition of two new affiliations to our list:

- Fateh Maidan Club, Hyderabad, Telangana
- Central Provinces Club, Nagpur, Maharashtra

Members are encouraged to make use of these facilities during their travels. Sharing your experiences with us will help enhance our bulletin and benefit other members exploring affiliated clubs.

You can scan the QR code to view the complete list of affiliated clubs.

Bruschetta



Non-Veg Recipe :

A creative twist on the classic Italian appetizer, combining flavors with non-vegetarian ingredients.

Bruschetta :

Example Recipe : Grilled Chicken Tikka Bruschetta

Ingredients:

- **For Chicken Tikka**
250g chicken breast, marinated in yogurt, garam masala, cumin, and chili powder
- **For Bruschetta :**
- 4-6 slices of baguette
- 1 cup mozzarella cheese, shredded
- Fresh cilantro for garnish
- Mint chutney for drizzle

Steps :

1. **Grill Chicken :** Grill marinated chicken tikka until cooked through.
2. **Toast Bread :** Toast baguette slices until crispy.
3. **Assemble :** Top toasted bread with grilled chicken tikka, mozzarella cheese, and a drizzle of mint chutney.
4. **Serve :** Enjoy as a flavorful appetizer.

Variations :

- Experiment with different marinades or spices for the chicken.
- Add other toppings like caramelized onions or roasted bell peppers.

Okara Popcorn



Ingredients:

1. For Marination :

- 15 okra (bhindi), cut into 1-inch pieces
- ½ tsp turmeric powder
- 1 tsp red chilli powder
- 1 tsp aamchur (dry mango powder)
- ½ tsp garam masala
- ½ tsp salt
- 2 tbsp corn flour

2. For Slurry :

- 1 cup maida (all-purpose flour)
- ¼ cup corn flour
- 1 tsp red chilli powder
- ½ tsp salt
- 1 cup water

3. For Coating & Frying :

- Panko breadcrumbs (or regular breadcrumbs)
- Oil for deep frying

Steps :

- **1. Marinate Okra :** Wash, wipe dry, and cut okra. Mix with turmeric, chilli powder, aamchur, garam masala, salt, and corn flour. Rest for 15 minute.
- **2. Prepare Slurry :** Whisk maida, corn flour, chilli powder, salt, and water into a smooth batter.
- **Coat :** Dip marinated okra into slurry, then roll in breadcrumbs. Double coat for extra crispiness.
- **Fry :** Deep fry on medium flame until golden brown and crispy. Drain on paper towels.
- **Serve :** Enjoy hot with tomato ketchup, mint chutney, or spicy mayo.

Variations :

Use an air fryer or bake at 200°C for 15–18 minutes for a healthier version. Add parmesan cheese to breadcrumbs for a cheesy twist.

- Toss fried okra in peri-peri spice mix or chaat masala for extra zing.

Updates

Mocktail Recipes by Mr. Prakash Sapate

Gut-Healthy Mixed Berry Refresher

A vibrant, hydrating drink packed with antioxidants, natural probiotics and a refreshing twist-perfect for gut health and glowing energy.

Ingredients (Serves 2) :

- ½ cup fresh strawberries, hulled and halved
- ½ cup fresh blueberries
- 6-8 fresh mint leaves
- 1 tbsp fresh lime juice
- 1 tbsp fresh lemon juice
- 1 tbsp raw honey (or to taste)
- 1 cup chilled coconut water
- ½ cup sparkling water or soda water
- Ice cubes (as needed)
- Optional : Extra mint and berries for garnish



Instructions :

1. Muddle the Berries & Mint :

In a cocktail shaker or mixing glass, gently muddle the strawberries, blueberries and mint leaves to release their juices and flavors.

2. Add Citrus & Sweetener :

Stir in the lime juice, lemon juice and honey until well combined.

3. Shake or Stir :

Add coconut water and a few ice cubes. Shake well or stir vigorously to chill and mix.

4. Strain & Serve :

Strain into glasses filled with ice. Top with sparkling water for a fizzy, refreshing finish.

5. Garnish & Enjoy :

Garnish with mint sprigs and a few whole berries. Serve immediately.

Why It's Good for Your Gut :

- **Berries** : Rich in fiber and antioxidants
- **Mint & Citrus** : Aid digestion and reduce bloating
- **Coconut Water** : Natural electrolytes for hydration
- **Raw Honey** : Contains prebiotics and antimicrobial properties

Brazil Mojito

(Watermelon Basil Refresher)

A tropical fusion of juicy watermelon, fresh basil, and zesty lemon-balanced with mint and soda for a sparkling, cooling twist. Light, hydrating and irresistibly refreshing.

Ingredients (Serves 2) :

- ½ cup fresh basil leaves
- 8-10 fresh mint leaves
- 2 tbsp fresh lemon juice
- 1 cup fresh watermelon juice (strained)
- 2 tbsp watermelon syrup
- A pinch of black salt
- 1 cup chilled soda water
- Ice cubes, as needed
- Watermelon slices & basil sprigs, for garnish



Instructions :

1. Muddle the Herbs :

In a mixing glass, gently muddle basil and mint leaves with lemon juice and black salt to release their aroma and natural oils.

2. Add the Fruit Base :

Pour in watermelon juice and watermelon syrup. Stir to combine.

3. Add Ice & Shake :

Add a few ice cubes and shake (or stir) well until nicely chilled.

4. Top with Soda :

Strain into serving glasses filled with ice and top up with chilled soda water.

5. Garnish & Serve :

Garnish with a slice of watermelon and a sprig of basil. Serve immediately for a bubbly, tropical delight

Why It's a Perfect Refresher :

- **Watermelon** : Hydrating and antioxidant-rich
- **Basil & Mint** : Cool, aromatic, and aid digestion
- **Lemon Juice** : Adds vitamin C and a tangy balance
- **Soda Water** : Gives a light, sparkling finish

Updates

Readers Review

I congratulate Mr. Srinivas Malu for taking lead and introducing this concept to Residency club under the able leadership of the president and secretary. The content encompasses all the events and gives crisp description. The designing is very reader friendly. This



will serve as a lasting collection of all the memories of the club. Members who were not able to attend the events will look forward to attending future events making the club more lively and robust in community growth.

- Vishal Kapadia

The Bulletin serves as a wonderful bridge between the members and the Committee. It develops communication with the members through regular updates and engaging content, making every reader feel a part of the Club's journey. The effort behind every edition reflects a genuine



commitment to member involvement and unity, ensuring our Club continues to grow stronger together.

- Naresh Chandwani

Spandan - Heartbeat of Residency Club in itself is a game changing community news platform to



empower the community towards social well being & more... Its going to be a catalyst in uplifting the RC Community & their skills. Active participation of all shall make it more vibrant with the topics & area of interest being showcased of Members & their families. Its a platform for members to share their wisdom on well being to benefit & get inspired. Many members may not be able to make it in person for what so ever reason, but shall definitely look to contribute & inspire members to come together and improve the Club Culture. The happenings showcased in Spandan shall not only bring joy to member families but shall also instigate their inner urge to come & unleash the opportunities of maintaining a well balanced life. Kudos to the man behind it in Shriniwas Malu & Kudos to the Management team who have been supporting such good ideas to make Residency Club a vibrant happening place.

- Saidas Khangav

Great to see our club's energy and spirit in full swing! The bulletin is wonderfully crafted, showcasing all our activities and events with great detail. It also features insightful articles on wealth creation, health, and nutrition - making it an engaging and informative read!



- Niket Doshi

Updates

Upcoming Events



“मराठ्यांचा स्वातंत्र्य लढा”

📅 रविवार, ७ सप्टेंबर २०२५
🕒 सायंकाळी ६:०० वाजता
📍 रिगल हॉल

छावा चित्रपट आपण पाहिला असेलच.
छत्रपती संभाजी महाराजांच्या क्रूर हत्येनंतर काय झाले?
जाणून घ्या छत्रपती राजाराम महाराज आणि महाराणी ताराबाई
साहेबांच्या नेतृत्वाखाली मराठ्यांनी दिलेला अभूतपूर्व लढा.
एका **डॉ. अमर अडके** यांच्या
ओघवत्या वाणीतून...

मॅम्बर फ्री आणि गेस्ट रु. १००/-



Residency Club Presents



**MUSIC
JAMMING SESSION**



Sunday jamming is here!
Join us Tomorrow for Rohit Sutar live

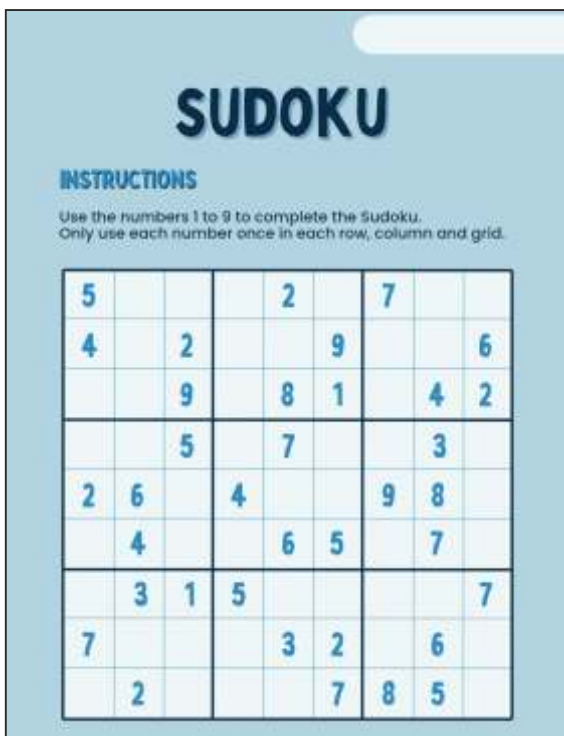
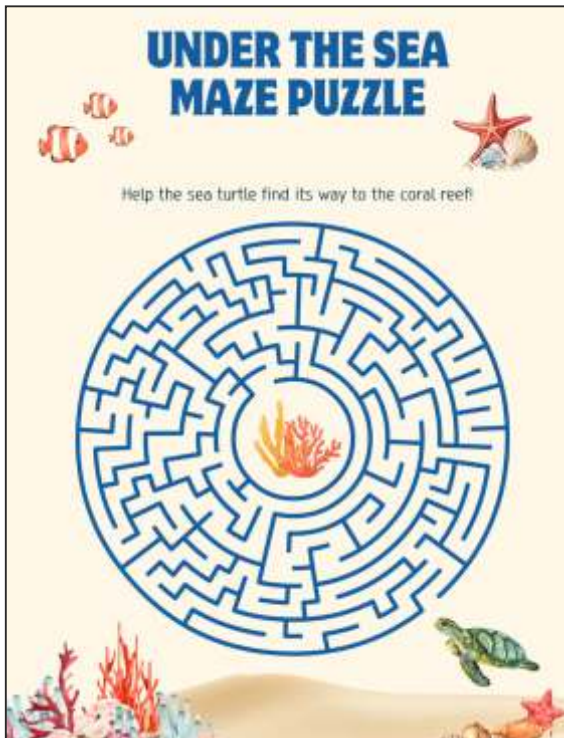
HAPPY HOURS
With Amazing Offers!



Sunday 21st Sep 2025
Afternoon 12:00 PM to 3:00 PM

Entry: Member Free & Guest Rs. 100/-





An appeal :

Kids, age group 6 to 14 are invited to participate in Kids Corner - Sudoku - Challenging Word Puzzles & Picnic Basket and send their entries on club whatsapp number 0231-2651477. First three correct entries will be recognised and appreciated in Club's forthcoming appropriate program / event.

Updates

Release of Club E-Bulletin



The very first E-News Bulletin was launched at the auspicious hands of our beloved President & District Collector Shri. Amol Yedge on 18th September 2025, in the gracious presence of our Hon. Gen. Secretary Shri. Sheetal Bhonsale, Hon. Jt. Secretary Shri. Neel Pandit (Bavdekar), Treasurer Shri. Naresh Chandwani with Editor Shri. Nivas Malu.

This milestone marks a new beginning in our journey of digital communication, aimed at keeping our members informed, connected and engaged with the latest updates and initiatives of our Club.

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Wherever life
plants you,
bloom with grace



You are just Scan Away



At Residency Club, we are constantly striving to improve convenience and service for our members. To make information more accessible, we have now introduced a dedicated Club QR Code. Members can simply scan the code to access club updates, event details and more - anytime, anywhere!

Additionally, we have recently launched room and restaurant feedback systems through digital forms. This initiative aims to gather valuable insights from members to help us enhance our hospitality and ensure an even better experience for all.

Your feedback matters - thank you for helping us grow and serve you better!

Disclaimer :

The content, views, and information presented in this E-bulletin are contributed by individual club members and do not necessarily reflect the official stance of the Residency Club Management. All information is intended solely for community engagement, informational purposes, and entertainment purposes. Submissions involving minors (e.g., artwork, photos, or written content) are published with prior parental consent. Personal details of minors are not disclosed unless explicitly approved. While every effort is made to verify content accuracy and originality, the editorial team or club management is not liable for any errors, omissions, or unauthorized use of third-party materials. Images and articles are used with permission and are not to be reproduced or redistributed without consent. This bulletin is for private circulation amongst club members and their families. This cannot be shared fully or partially in any form on any other platform.